

Meatloaf:

Ingredients:

2 pounds ground beef

1 1/2 cups oatmeal

2 eggs

1 cup BBQ sauce, divided

½ teaspoon granulated garlic

1 teaspoon Mrs. Dash

½ teaspoon curry

To make:

Preheat oven for 350 degrees. Combine beef, oatmeal, eggs, and ½ cup BBQ sauce in a large bowl. Add spices, and mix well.

Place in an oblong glass pan. Drizzle with remaining BBQ sauce. Bake for 1 hour. Serve warm.