

Macaroni and Cheese:

Ingredients:

3 tablespoons butter

¼ cup flour

1 cup milk

1 cup shredded cheese

Noodles

To make:

Melt the butter in a small saucepan. When the butter is melted, add the flour and then quickly add the milk. Stir with a whisk and heat it until it thickens. Add the shredded cheese, stirring until it is melted.

Cook the noodles, drain them and then add the sauce.